

GLASSBORO SCHOOL DISTRICT

Updated 2/1/05

Monthly Board Items

Date Submitted:

04/27/20

Proposed Effective Date:

05/05/20

Grade(s) impacted:

9-12 and staff

Name:

Position/Item:

Wellness Center

Submitted By:

Christian Lynch

Building:

High School

Proposed cost/amount:

0

Funded through:

SHIF Grant

Hours/Days per wk:

Benefits: Y or N
(circle one)

Is candidate currently employed by District:

 No Yes

Is candidate a former employee:

 No Yes

(if yes, what position) _____

If yes, part time or full time (circle one)

Check references/review district personnel file?

 No Yes

Board Action Requested: I am requesting permission to submit a grant proposal to Amerihealth Administrators SHIF for the funding of an updating initiative for the Glassboro High School weight room, transforming it into a true Wellness Center.

Details and Ramifications: Once approved, the district can implement the plans in accordance with our chosen wellness plan. All approved expenses would be reimbursed to the District up to the approved amount of the grant. I will work on the plans, submit the application for the grant, support the employees in conducting activities, etc.. Volunteers for the Wellness Committee will be solicited from the GHS teaching and coaching staffs. The chosen Wellness Leader will monitor the general students on Tuesdays and Thursdays and generally will monitor the condition of the facility.

Positives: If successful, the weight room would be updated and transformed to a Wellness Center at no cost to the district and would be used as a resource for our PE/Health students, our general student population, our student-athletes, and our staff. Successful completion of the project will accomplish the following results:

- Help create a positive school climate that fosters learning by augmenting PE curricular programming
- Improve wellness policies & health programs for students and staff, improving health & well-being overall
- Build local partnerships to support expanded health services
- Promote healthy school practices through physical activity, health education, and nutrition
- Reduce doctor and emergency room visits for students and staff by improving overall fitness.
- Offer services that support at-risk students who often take advantage of wellness centers
- Increase school attendance for students who are motivated by fitness and training
- Create a central location for fitness maintenance educational resources, classes, seminars, health fairs
- Will provide an option for students to utilize during their lunch block.
- Will designate a Wellness Leader and a Wellness Committee which will be in-house point people

Concerns:

Other Comments: This initiative will update our wellness facility to the standards of surrounding schools and assist in the profile and branding of Glassboro High School.

FOR OFFICE USE ONLY:

Board Date: _____

Approved: Y or N

Index #: _____