

GLASSBORO SCHOOL DISTRICT

Updated 2/1/05

Monthly Board Items

Date Submitted:

May 7, 2019

Proposed Effective Date:

June 24, 2019

Grade(s) impacted:

9-12

Name:

**Preseason practices
and conditioning
workouts**

Position/Item:

Submitted By:

**Jeff Cusack Athletic
Director/Activities Dir**

Building:

High School

Proposed cost/amount:

\$0

Funded through:

Hours/Days per week:

Benefits: Y or (N)
(circle one)

Is candidate currently employed by District:

___ No ___X___ Yes

(if yes, what position) ___teachers/coaches___

If yes, part time or full time (circle one)

Is candidate a former employee: ___ No ___ Yes

Check references/review district personnel file?

___ No ___ Yes

Board Action Requested: Recommend approval of fall sports teams to conduct summer workouts and preseason practices, weight training and conditioning practices, starting June 24th to the start of the fall season in September 2019.

Details and ramifications:

Football team- weight training & conditioning sessions (mon, wed., thur.), preseason camp starts on 8/5.

Field Hockey- conditioning workouts throughout the summer. Preseason camp starts on 8/12.

Soccer- practices to be determined, preseason camp starts on 8/12.

Tennis- preseason camp starts on 8/12.

Positives:

Concerns:

Other Comments:

FOR OFFICE USE ONLY:

Board Date: _____

Approved: Y or N

Index #: _____