

GLASSBORO SCHOOL DISTRICT

Updated 2/1/05

Monthly Board Items

Date Submitted:
April 22, 2020

Proposed Effective Date:
June 12, 2020

Grade(s) impacted:
9-12

Name:
**Preseason practices
and conditioning**

Position/Item:

Submitted By:
**Jeff Cusack Athletic
Director/Activities Dir**

Building:
High School

Proposed cost/amount:

Funded through:

Hours/Days per week:

Benefits: Y or (N)
(circle one)

Is candidate currently employed by District:
___ No ___ Yes

(if yes, what position) _____

If yes, part time or full time (circle one)

Is candidate a former employee: ___ No ___ Yes

Check references/review district personnel file?

___ No ___ Yes

Board Action Requested: Recommend approval of all sports teams to conduct summer workouts and strength and conditioning workouts at the high school provided the school district is reopened. The starting date is June 12, 2020. Facilities to be used are the weight room, gymnasium, and any outdoor practice or game field/court.

Details and ramifications:

Fitness Club will be held on Monday, Wednesday and Thursdays from 3:30pm to 6:00pm. Field conditions should be such that the student athletes will be practicing/working out on a field suitable for playing a varsity athletic event. Specifically, the field grass should be cut as needed and the field hockey field grass height maintained as to ensure the health and well-being of the students (no higher than 1 3/4") Fields will not be lined.

Positives:

Concerns:

Other Comments:

FOR OFFICE USE ONLY:

Board Date: _____

Approved: Y or N

Index #: _____