

Your School District

March 2016 Monthly Update



Lights, Camera, ACTION!

INTRODUCING... Nutri-Serve's First Film- "How To Buy Lunch"

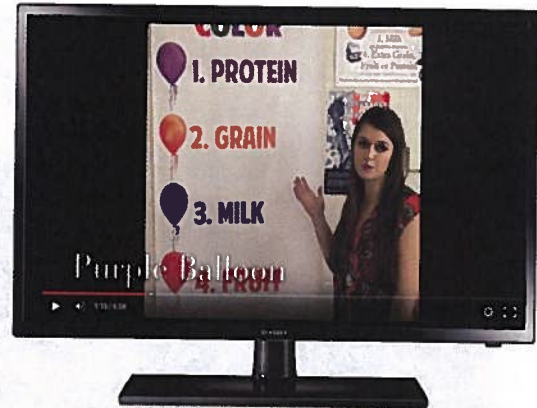
Nutri-Serve has created a movie teaching students how to buy lunch!

THE EDUCATION:

The 7 minute movie begins with Nutri-Serve's Corporate Registered Dietitian, Kristen Mueller, introducing Nutri-Serve's nutrition education concept Balloons for a Balanced Lunch. She also goes through Nutri-Serve's tips for making a balanced lunch tray.

THE ACTION:

Kristen walks through the serving line explaining menu choices and choosing a balanced lunch tray. She then carries her tray to the cashier and shows students how to scan their finger or type a code into a pin pad.



What we hope will result in showing this video to students & parents:

1. **Greater Understanding:** This movie educates students and parents on the USDA's school lunch food groups (Nutri-Serve's Balloons for a Balanced Lunch) and what must be chosen to make a reimbursable meal by USDA standards.
2. **Increased Participation:** We hope that parents will see what a deal the school lunch truly is and how much food is included if you choose it.
3. **Clarity in the Buying Process:** The prospect of purchasing the school lunch can be overwhelming for young students. We hope to make the buying lunch less scary and more fun!
4. **Role Modeling:** We hope that Kristen role modeling choosing a balanced tray will encourage students to follow suit!

The movie can be posted on your school website, shown on smart boards in classrooms, or used as part of a mock lunch (a practice lunch for incoming students to learn the process). We are currently working on the best ways to disseminate the movie. Contact your Food Service Director if you are interested in access to this movie.

March Fun Days (Highlighted on Menu)

March 1: Dr. Seuss Day!

On February 1st, we served a Dr. Seuss themed lunch of Green Eggs & Ham! Those who purchased green eggs and ham received a bag of 1 fish, 2 fish Goldfish Crackers as their grain.



March 17: St. Patrick's Day!

On St. Patrick's Day, the main entrée was Pot' O Popcorn Chicken served with cheesy broccoli rice. As a treat students who purchased lunch received a cup of Lucky Green Jello!

March 23: Spongebob Day!

"Who lives in a pineapple under the sea?" - SPONGEBOB SQUAREPANTS! On March 23rd, we celebrated one of our favorite under sea characters. Lunch featured a crabby patty (cheeseburger), Mr. Crab Fries (Old Bay Fries), Spongecake (because spongebob is a sponge!), and pineapple (because he lives in a pineapple under the sea)!



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March Happenings!



March is a month where everyone starts to get the "close to the end of the year itch". At this point there are only three months to go before the end of the school year. My meetings with my staff are reminding, reiterating and remembering that as we get closer to finishing, clean out your freezers and use your government commodities. Spend less, Save money, and Sell what you have in house! This year we are looking great financially. My goal is to help the district to find a Pot-Of-Gold at the end of the rainbow! By Trenay Parker, FSD



INTRODUCING...

Matt Juliano

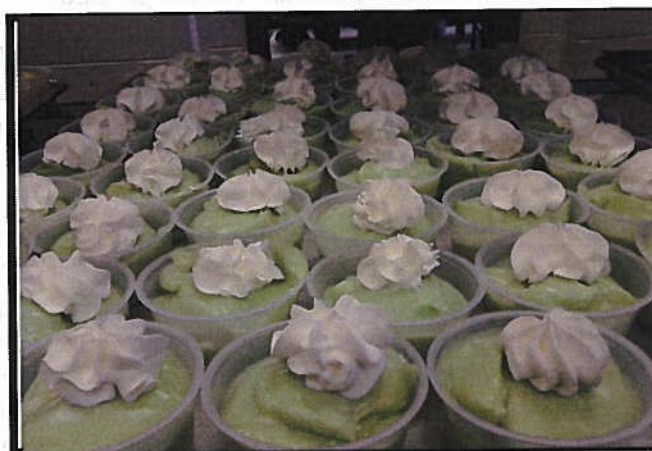
Every year at the Bullock school, Matt entertains the students with his creative customs. The kids there love him. They make his day as well. St. Patrick's Day is always a great time at Bullock!

Please Detach and Return to Food Service Director

Check out what's tasting good in Your School District!

Lucky Leprechaun Pudding!

The Irish eyes were smiling when they received their Lucky Leprechaun pudding on St Patty's Day. This is always a treat that the students enjoy!



We Want Your Opinion:

Name: _____

Date: _____

I would like more information on: _____

I would like to suggest: _____

I am concerned about: _____

Dining Service Contact: First Last Name, Food Service Director 856-652-2700 ext 4712, GLA@nsfm.com