

Glassboro Education Foundation, Inc.



approved
9/9/20

Send the completed application to the attention of:

Mr. Craig Stephenson
Beach Administration Building
Joseph L. Bowe Blvd
Glassboro, NJ 08028

A. General Information

Applicant(s): Charlotte Richardson

School: BASE program (Bowe)

Principal: Mrs. Kerr / Mrs. C. Torbik

Grade Level or Subject: Middle School ERI

Phone: (school): 856-652 - 2700 ext. , (Home): ext. 8 (No home) (856) 693-6196

E-mail(s): crichardson@gpsd.us lkerr@gpsd.us ctorbik@gpsd.us

B. Statement of Assurances:

The applicant hereby assures the Glassboro Education Foundation that:

1. The applicant(s) meet(s) the eligibility criteria.
2. The activities and services for which the grant is sought will be implemented as written.
3. Any monies not expended within the school year shall revert back to the Glassboro Education Foundation, unless permission to carry it into the next school year is granted.
4. All publicity releases regarding a funded project will acknowledge the Glassboro Education Foundation and/or a particular mini-grant sponsor as the funding agency.
5. The grant recipient(s) will submit a final report summarizing the project's evaluation results.
6. The Board of Education authorizes the filing of this application.

We do hereby certify that all of the facts, figures and representations made in this application are true and correct to the best of our knowledge and that the assurances as stated above are understood and will be followed in their entirety.

Charlotte Brainerd Arthur R. Tule

Signature of Applicant

Signature of Principal

Please note: from this page on, please **do not include your name or your school** in any of your descriptions as all applications are coded to prevent bias.

C. Project Title and Description

Title of Project: Self-regulation space (Zen Den)

Subject Area(s): Social-emotional learning, emotional regulation

Approximate Number of Students Participating: 5 – 12 students

Project Starting Date: 10/20/25 Project Completion Date: 10/27/25

Need: Describe the problem or deficiencies that exist which require the improvements described.

Many students with emotional regulation impairments require access to a dedicated sensory space to help them manage emotions, focus, and behavior so they can fully engage in learning. Without such a resource, these students may experience heightened emotions, difficulty with self-regulation, and behavioral challenges that interfere with both their academic progress and their social-emotional growth. Without dedicated structures and resources, these challenges can result in increased behavioral incidents, time out of class, and barriers to long-term success.

To address these deficiencies, the district developed the BASE (Behavior, Accountability, Support, Empowerment) program. BASE provides students with a structured environment, increased counseling and SEL opportunities, and targeted interventions that foster emotional growth, regulation, and readiness for success both in school and beyond the classroom.

A key component of this program is the creation of a designated sensory space to support students who benefit from sensory input to regulate emotions, increase focus, and meet behavioral needs. Currently, no such space exists in a way that is fully equipped to address diverse sensory needs.

The identified area must be set up with adaptive seating, tactile manipulatives, calming visual and auditory aids, weighted items, and gross motor equipment. With these resources in place, the sensory room will provide a calming and structured environment that allows students to self-regulate and return to learning more quickly.

This space will serve multiple functions: supporting individual students who need time to regulate, offering a location for alternative counseling sessions, and providing staff with tools to proactively address student needs. By enhancing the sensory room, the BASE program can reduce behavioral incidents, minimize instructional time lost, and ultimately ensure that students are successful in reaching their social, emotional, and academic growth goals.

Strategy: Briefly describe your plan to alleviate the need/problem.

A small room within the BASE program area has been identified for development into a calming corner or “zen den.” This space will be easily accessible to students and designed for monitoring by staff to ensure safe and effective use. The room will be equipped with materials that address diverse sensory needs providing tools for students with a variety of interests and regulation strategies. The environment will remain quiet and low stimulation, creating a respectful setting that supports emotional regulation.

Teachers and staff will be encouraged to use this space proactively as a preventive tool. By directing students to the room early in the escalation cycle, staff can support self-regulation before behaviors intensify. This approach will reduce the need for disciplinary action, minimize classroom disruptions, and foster student success both in learning and emotional growth.

**Glassboro Education Foundation
Grant Application**

D. Objectives, Activities and Evaluation Techniques (This page may be duplicated if necessary)

Objectives	Program Activities to Accomplish Objectives	Completion Date	Evaluation Techniques
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Provide students with a safe, structured environment to support emotional regulation.	• Designate and prepare a dedicated calming room within the BASE program area. • Equip the room with sensory tools (visual, tactile, auditory, kinesthetic).	Fall 2025	• Usage logs documenting frequency, duration, and purpose of visits. • Student self-assessments/check-ins about effectiveness.
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Reduce classroom disruptions and disciplinary referrals by offering proactive regulation strategies.	• Implement protocols for when/how staff direct students to the calming room. • Use space proactively at early signs of dysregulation.	Fall 2025 and ongoing	• Behavioral data tracking: office referrals, classroom disruptions, disciplinary actions.
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Increase staff capacity to recognize dysregulation and implement supportive interventions.	• Provide staff training on early identification of escalation. • Model use of the calming room as a preventive, not punitive, tool.	Fall 2025	Observation/feedback cycles during implementation.
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Foster student growth in self-awareness, coping skills, and readiness for learning.	• Incorporate SEL resources (mindfulness, breathing tools, emotion-identification visuals). • Include calming room access into individualized student behavior plans as necessary to support students as they transition back to the TEBMS	Fall 2025 and ongoing	• Student reflection tools (journals, exit tickets). • Academic/behavioral progress monitoring linked to SEL goals.
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Glassboro Education Foundation Grant Application E. Itemized Budget	<table> <tr> <th data-bbox="1269 315 1395 1642">Materials/Equipment</th><th data-bbox="1269 52 1395 315">Services</th></tr> <tr> <td data-bbox="1269 315 1395 1642"></td><td data-bbox="1269 52 1395 315"></td></tr> </table>	Materials/Equipment	Services		
Materials/Equipment	Services				

Quantity	Item		cost	total
3	https://a.co/d/6EYDvmq	bean bags provides alternate seating and sensory input support	\$59 99 each	\$179.97
1	https://a.co/d/2KQTPSI	set of floor cushions provides alternate seating and yoga options	\$73 99	\$73.99
2	https://a.co/d/6RncJw2	yoga donut provides alternate seating and balance input	\$39 99 each	\$85.98
2	https://a.co/d/6Z0b0dO	sheer curtains reduce light from classroom but allow for monitoring in space	\$12.99 each	\$25.98
3	https://a.co/d/ccYvkXy	floor tiles soften floor in calm down room	\$25 99	\$77.97
1	https://a.co/d/3siXRCs	playdoh for fidget and calming	\$21.99	\$21.99
1	https://a.co/d/i89qAmM	squeeze fidgets	\$14.99	\$14.99
1	https://a.co/d/avuD7Ha	sensory stickers address anxiety	\$8 99	\$8.99
1	https://a.co/d/h1VwVGU	goo fidget for calming	\$15.99	\$15.99
1	https://a.co/d/ecy9CBR	spin rings address adhd	\$15.99	\$15.99
1	https://a.co/d/hZvOCzY	wikki stickes to promote focused calm	\$5.99	\$5.99
1	https://a.co/d/iTWKR3J	bubble pop fidget address focused calm	\$9 99	\$9.99
6	https://a.co/d/1lpayAP	light covers to reduce lighting	\$34 99 each	\$209.94
1	https://a.co/d/3KM52Q1	weighted turtle provides sensory input	\$75 99	\$75.99
4	https://a.co/d/e6KptLu	chair bands to address adhd	\$19.99	\$79.96
1	https://a.co/d/crm8T6p	knot ball provides calming	\$21 69	\$21.69
1	https://a.co/d/dwleZD2	sequin panel provides calming and sensory input	\$115.49	\$115.49
3	https://a.co/d/bzeJLkn	wobble stools for adhd	\$44.99	\$134.97

1	https://a.co/d/e6c6WHH	What I can control poster	\$13 89	\$13 89
1	https://a.co/d/j3QXbod	Zones of regulation poster	\$12 97	\$12 97
1	https://a.co/d/4EN3Dmg	copng skills poster	\$12 19	\$12 19
				\$1,214 91
Sub-total:				