October 2026-27
Nutri-Serving It Up At

Glassboro School District

October brought out some more fresh fruit including pears, which was our fruit of the Month. We added a cheese omelet to the breakfast for lunch menu at Bullock & Rodgers and it was a hit. Surfs Up for the Board Dinner: Fresh Baked Salmon, rice pilaf & green beans and Holiday treats for dessert. Lastly, Barbara and Kate served up the goodies at the HS Homecoming Dance. Happy Halloween!!!!!













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NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz

A LOOK AHEAD TO

November

November is Good Nutrition Month and Native American Indian Heritage Month!





November's Nutritious Friend is "Quirky Quinoa!"



November is Good Nutrition Month, a great time to focus on the importance of balanced, nourishing meals! It is also the month where we take time to honor and celebrate the rich cultures, traditions, histories, and contributions of Native American peoples.

QUESTIONS OR COMMENTS? Contact us!

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