

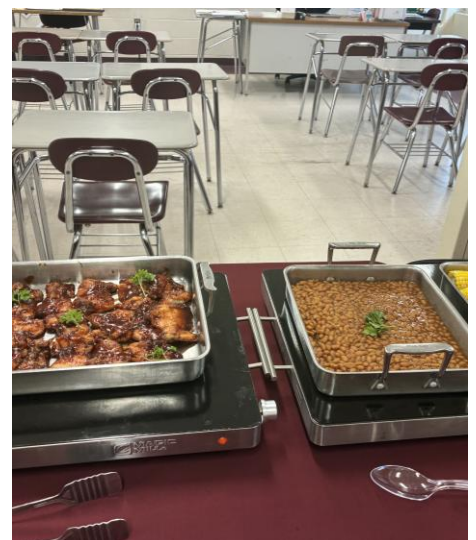


May 2025-26

Nutri-Serving It Up At

GLASSBORO

May was celebration month with Teacher's appreciation week and National School Nurse Day. We kicked off our month with the annual Superintendent Roundtable Breakfast and followed that with cookie trays for the People's Choice awards at Bowe. Bullock school served walking tacos and beef Phillycheese steaks. As always we concluded the month with a BBQ Board Dinner.





A LOOK AHEAD TO June

June is National Fresh Fruit,
National Vegetable Month &
National Dairy Month!



To celebrate America's 250th birthday,
we are cooking the ultimate comfort
food! Enjoy the flavors of BBQ,
elevated sides, and classic ballpark
favorites.



Did you know?

- Watermelon is a great source of water (92%) and electrolytes, which are important for hydration.
- Turn the fruit into a sweet refreshing drink by blending it with some lime juice. Try freezing the mixture to create popsicles!
- The first recorded watermelon was harvested over ~5,000 years ago in Egypt.

QUESTIONS OR COMMENTS? Contact us!

Food Service Director: [Tim Smith](#) | [856-652-2700](#) | [gla@nsfm.com](#) | [www.nsfm.com](#)