

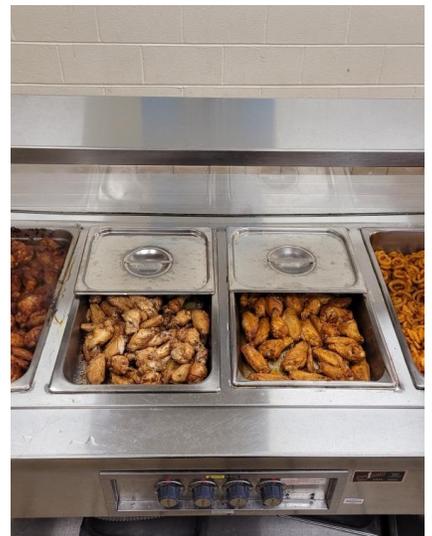
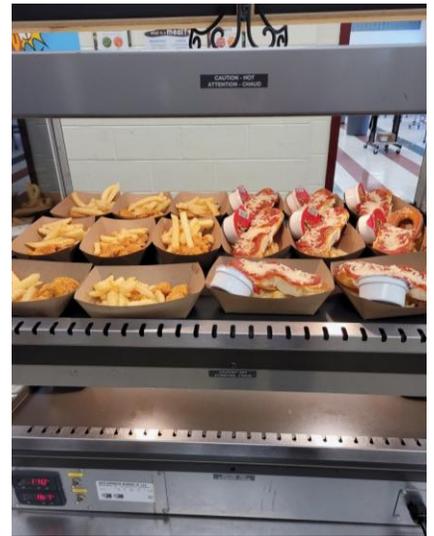


January 2025-26

Nutri-Serving It Up At

GLASSBORO SCHOOL DISTRICT

Happy New Year 2026! This month we served up many student favorites including, pizza and side salad at Bowe, chicken wing bar with sidewinder fries at the HS. For those warm me up meals we served chicken pasta alfredo and pasta w/meatballs. Finally before the winter storm we provided a Holiday meal trimmed with all the fixins.





February

February is National Cherry Month!

Did you know?

Cherries are rich in vitamin C, which supports our immune system!



Fuel with Fruit: Cherry Edition

- Add dried cherries to trail mix or chicken salad
- Add frozen cherries to a smoothie
- Drink tart cherry juice to improve sleep quality



We are celebrating heart health this February with Grains of Love!

QUESTIONS OR COMMENTS? Contact us!

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