



# March 2025-26

## Nutri-Serving It Up At

### Glassboro School District

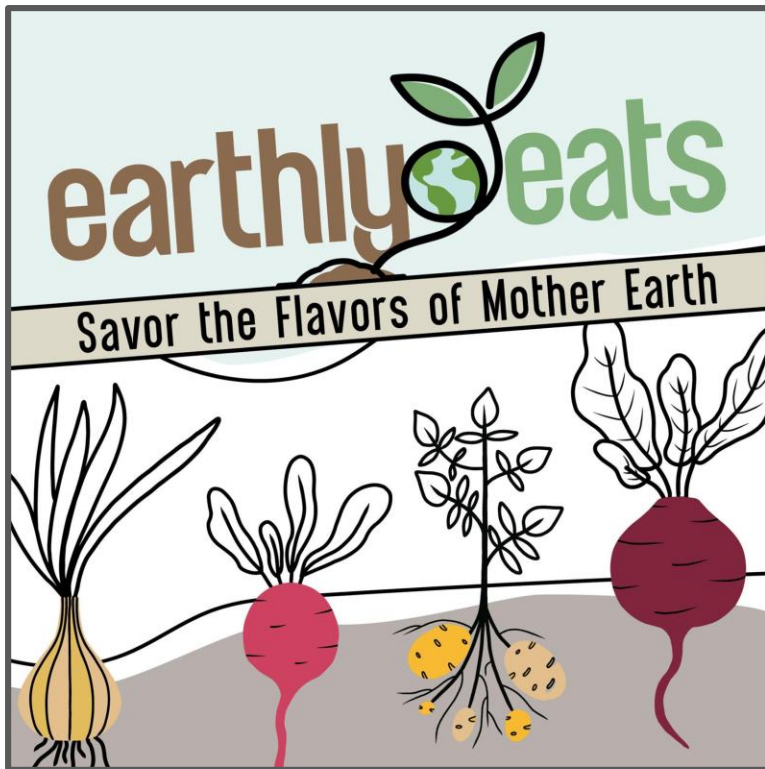
March showed that Mother Nature has a sense of humor with a snow day followed by beautiful Spring weather. Bullock and Rodgers offered up the Italian Meatball Hoagie. Bowe served stromboli's and other favorites on the hot service line. Finally, pizza was served at Bowe for the annual Pickleball tournament, what a Fun time for everyone.





# A LOOK AHEAD TO APRIL

April is National Garden Month



April 22 is Earth Day, a day the world raises awareness of the need to protect the Earth's natural resources. This year, our theme is Earthly Eats. We will celebrate the occasion by featuring plant-based menu items!



### Did you know?

- Beans are part of the legume family, which also includes peanuts, lentils, peas, and soybeans
- Rich in iron, folate, fiber and protein, beans are a nutrient-dense food option for any meal.
- Black beans are native to Central and South America with a deep history of over 7,000 years as a staple in the diet



QUESTIONS OR COMMENTS? Contact us!

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