

GLASSBORO SCHOOL DISTRICT
Monthly Board Items

Updated 2/1/05

Date Submitted: 10.28.14

Proposed Effective Date: 2014-15

Grade(s) impacted: 9-12

Name: EMBODI Program	Position/Item: Counseling Program	Submitted By: Dr. Danielle F. Sneathen	Building: High School
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Proposed cost/amount: Free	Funded through: Delta Sigma Theta Sorority, Inc.	Hours/Days per week: Saturdays through May, 2015	Benefits: Y or N (circle one)
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Is candidate currently employed by District: <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes (if yes, what position) <u>SPED Teacher</u> If yes, part time or full time (circle one)	Is candidate a former employee: <input type="checkbox"/> No <input type="checkbox"/> Yes Check references/review district personnel file? <input type="checkbox"/> No <input type="checkbox"/> Yes
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Board Action Requested: I am seeking board approval to allow alumni members of the Delta Sigma Theta Sorority, Inc. to work with our African American male student population via our GHS Guidance Department.

Details and ramifications: EMBODI – Empowering Males to Build Opportunities for Developing Independence is a structured program offered through the sorority. Students will sign up and participate on a voluntary basis.

Positives: The program is free to all participants. Detailed information is attached and was presented to the BOE committee in October. This program targets academic enrichment, personal development and wellness, career development, cultural development, and family involvement for African American males.

Concerns:

Other Comments:

FOR OFFICE USE ONLY:

Board Date: _____

Approved: Y or N

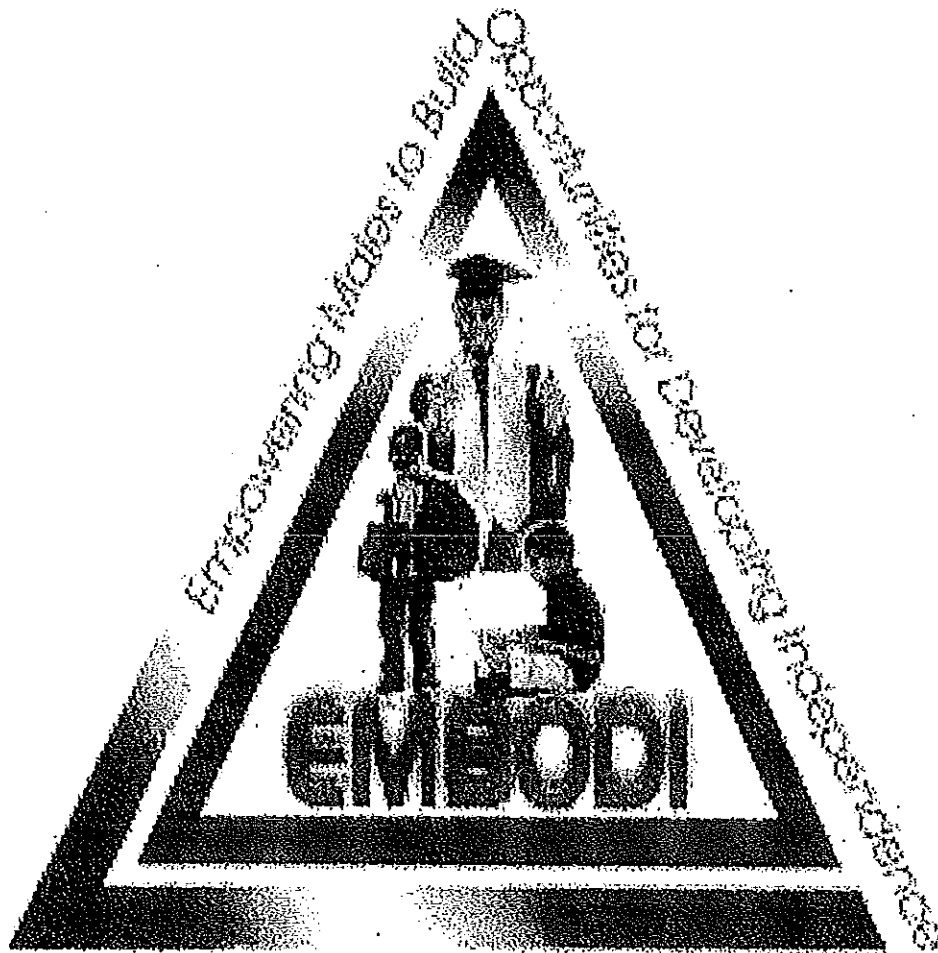
Index #: _____

Delta Sigma Theta Sorority, Inc.

NJ Garden City Alumnae Chapter

Lisa M. Williams, President

EMBODI Program Guide



Delta Sigma Theta Sorority, Inc.

EMBODI Co-Chairs: Devra Stroud-Banks & Susan S. Williams
embodi22@gmail.com

EMBODI: Overview

"The education of school-aged youth, particularly African American males is in crisis."

It is with considerable pleasure, enthusiasm and pride that Delta Sigma Theta Sorority, Inc., New Jersey Garden City Alumnae Chapter(NJGCAC) announces its 2014-2015 E.M.B.O.D.I. (Empowering Males to Build Opportunities for Developing Independence) Program. This program is the signature program of our 24th National President, Cynthia M.A. Butler-McIntyre. EMBODI is a national initiative under the Sorority's Thrust of Educational Development which promotes and provides collaborative efforts to improve the quality of life for African American males. Our target audience is males between the ages of 12 – 18 in middle to high school, grades 7th – 12th. We have developed monthly activities that they will find informative, thought provoking as well as fun. The EMBODI program will simultaneously define the local community African American male agenda, aligning multiple and inter-related strategies, cultivating resources and refocusing key community partners to continuously support attainable goals in its implementation to positively impact African American males through educational development, character development, recreational bonding, service learning and community work.

We can attest that "It Takes a Village to Raise a Child". One may ask what does this mean? It means that we all must be invested in our young men, whether it is academic or personal growth and development. Not only is parental involvement a key factor but involvement from organizations like us is needed in order to begin to move forward towards success for our children; but this can only occur when we are all on the same page; "All Together Better." Too often, outsiders view our young men as broken beyond repair, totally forgetting the educational and social needs of our young men. It is our desire to remain steadfast in our endeavor to provide as many young men with the opportunity to empower themselves while providing them the opportunity to make their dreams a reality.

In conjunction with the Dreams of Tomorrow organization, the Pi Kappa Kappa chapter of Omega Psi Phi Fraternity, Inc., and our local middle and high schools and churches, NJGCA will identify and work with eligible African American males

who are interested in participating in our planned events. We will work with other chapter committees to implement a communications plan and develop materials/workshops to support our planned events. As community partners and volunteers in this endeavor, it's important to understand the curriculum framework and components of the EMBODI program to strive to inspire, compel and empower our young African American males in our communities to build opportunities for developing independence.

EMBODI: Curriculum Framework

The curriculum will focus on Academic Enrichment, Personal Development and Wellness, Career Development, Cultural Development and family involvement. The curriculum incorporates activities and guidelines for all of the components. Conflict resolution and social skills activities assist the participants in resolving their problems appropriately and improving their overall quality of life. Families are encouraged to participate in bonding activities. Career preparation and exploration will be conducted and the cultural and recreational enrichment component will be implemented through interaction, team and individual gatherings, group sharing and cultural immersion.

EMBODI will focus on addressing the three levels of risk factors. The risk factor levels of development are as follows: individual level, family level and the community level. The suggested strategies to be utilized are multi-directional and resiliency focused. In developing the EMBODI program, NJGCAC will seek to achieve the following goals:

- EMBODI will focus on learning experiences for improved academic performance through self-efficacy and experiential learning
- EMBODI will provide access and application of diverse learning opportunities through cultural and community support
- EMBODI will reduce negative responses to conflict through restorative justice and resolution
- EMBODI will participate in community service activities through outreach

- EMBODI will create opportunities to develop a higher level of self-confidence and resiliency
- EMBODI will provide activities to increase community involvement, family bonding and interaction
- EMBODI will seek to provide recreational activities that will develop positive social skills and improved teamwork effort
- EMBODI will provide opportunities for cohesion for by involvement of families in structured activities in safe community environments
- EMBODI will provide opportunities for interaction with community professionals and positive male role models
- EMBODI will provide career exposure

EMBODI: Program Components

Empowering Males

1) Educational Development

- a) Culture of high expectations and caring
- b) Academic development
- c) Character development
- d) Technology assisted searches and assistance

2) College and Career Development

- a) College and career readiness
- b) Transition preparations
- c) College, university, and workforce alliance development

3) Personal Development

- a) Self-confidence and self-management
- b) Life skills and resiliency
- c) Physical and mental health
- d) Social and emotional awareness

Build Opportunities

1) Recreational and Family Bonding

- a) Connectedness and bonding
 - b) Relationship, boundaries and choices
 - c) Support and protective systems
- 2) Cultural Development
- a) Supportive and corrective Interactions
- 3) Financial, Wealth and Entrepreneurial Opportunities
- a) Finance and credit management
 - b) Savings and wealth management
 - c) Workforce and entrepreneurial pathway

Develop Independence

- 1) Interest and Talent Development
- a) Problem solving and goal setting
 - b) Mentorship and leadership
- 2) Service Learning and Community Work
- a) Service benefits
 - b) Next generation support

The development of a good team for the implementation of the EMBODI program is one of the most important elements of success to achieve success. The establishment of a strong committee, inclusive of community partners and families will aid in the strength of the program and will create an overall attitude that will allow the EMBODI program the strength to create programming that will be beneficial to the male participants. The initiative, team's spirit and enthusiasm will be reflected in the quality of the participants. This spirit will become contagious and further encourage males to become active participants and establish mentoring relationships with the team members.

Empowering Males to Build Opportunities for Developing Independence

Delta Sigma Theta Sorority, Inc.
New Jersey Garden City Alumnae Chapter
EMBODI Schedule

ACTIVITY	DATE & TIME	LOCATION
Kick-off Event	Saturday, Sept. 20, 2014 10AM	Rowan University
Financial Planning (Building Opportunities)	Saturday, Oct. 18, 2014 10AM – 12PM	Beneficial Bank, Berlin Cross-Keys Road
Dress for Success Tie and Shoe Shine Event	Saturday, Nov. 15, 2014 10AM – 12PM	Rowan University
Family Game Night (Family Involvement)	Friday, Dec. 12, 2014 7PM	Lindenwold Senior Center 2119 S. White Horse Pike
What Do You See When You Look at Me Pt. 1	Saturday, Jan. 17, 2015 10AM	Rowan University
Alley II Performance	Saturday, Feb. 21, 2015 6PM	Rowan University
Health and Wellness Workshop	Saturday, Mar. 21, 2015 10AM	Rowan University
What Do You See When You Look at Me Pt. 2	Saturday, Apr. 18, 2015 10AM	Rowan University
Closing Event	Saturday, May 16, 2015 Time TBD	FunPlex Mt. Laurel

About NJ Garden City Alumnae Chapter

The New Jersey Garden City Alumnae Chapter (NJGCAC) of Delta Sigma Theta Sorority, Incorporated, was chartered on April 30, 1989 under the presidency of Dr. Yvonne Kennedy, 19th National President and Madeline Lawson, Director of the Eastern Region at Rowan University, Glassboro, New Jersey. With the chartering of this chapter, sixteen inactive sorors were reclaimed and nine active sorors transferred from other area chapters for a total of twenty- five financial sorors.

Since its inception, NJGCAC membership includes over 100 women of diverse backgrounds that are employed throughout the state of New Jersey in both the private and public sector. We are administrators, attorneys, chief financial officer, college professors, engineer, nurse practitioner, personnel director, physicians, principals, probation officials, teachers, speech pathologist, and social workers.

Throughout the years, NJGCAC has dedicated itself to ideals set forth by our Founders, National Executive Board, and the local chapter members which is evident through the programs and projects within our five point programmatic thrust of: economic development, educational development, international awareness and involvement, physical and mental health, and political awareness and involvement; social action; national and regional initiatives; and arts & letters to eradicate injustices and to provide services for the good of mankind.

President Lisa M. Williams

1st Vice President Dawn S. Thompson

2nd Vice President Traci Benjamin

Treasurer Elzena Robinson

Financial Secretary Terry Byrd

Recording Secretary Victoria Ankrah

Corresponding Secretary Racine Davis

Delta Sigma Theta Sorority, Inc.

New Jersey Garden City Alumnae Chapter

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